




EPO Core Products 2017

 			Physiological Targets and Health Indications												
			Digestive system Liver	Urinary system Diuresis	Skin - Nail - Hair care	Cardiovascular system Microcirculation	Respiratory system Airway mucosae	Immune system Allergies	Tonic - Energizer Physical fatigue	Body Weight regulation Metabolism enhancer	Nervous system (mental stress - sleep - mood)	Intestinal transit	Antioxidant / Anti-ageing Memory enhancer	Musculoskeletal apparatus	Female wellness (menstrual periods - menopause)
Botanical Name	English Name	BIO													
<i>Aesculus hippocastanum</i> L.	HORSE CHESTNUT (BARK)		•	•	•	•							•		
<i>Agrimonia eupatoria</i> L.	AGRIMONY		•	•	•			•					•		
<i>Althaea officinalis</i> L.	MARSHMALLOW			•	•										
<i>Arctium lappa</i> L.	BURDOCK			•	•										
<i>Arctostaphylos uva-ursi</i> (L.) Spreng.	BEARBERRY			•								•			
<i>Arnica montana</i> L.	ARNICA				•										
<i>Betula pendula</i> Roth	COMMON WHITE BIRCH			•											
<i>Calendula officinalis</i> L.	POT MARIGOLD		•		•			•						•	
<i>Carum carvi</i> L.	CARAWAY		•					•							
<i>Centella asiatica</i> (L.) Urban	GOTU KOLA				•										
<i>Cetraria islandica</i> (L.) Ach.	ICELAND MOSS		•		•			•				•			
<i>Cinnamomum verum</i> J.Presl.	CINNAMON		•		•										
<i>Cola nitida</i> (Vent.) Schott et Endi.	KOLA							•		•		•			
<i>Crataegus curvisepala</i> Lind.	HAWTHORN	✓					•			•		•			
<i>Cynara scolymus</i> L.	ARTICHOKE		•	•			•					•			
<i>Drosera ramentacea</i> Burch. ex DC.	SUNDEW						•								
<i>Echinacea purpurea</i> Moench	PURP. CONEFLOWER (AERIAL PART)							•							
<i>Echinacea purpurea</i> Moench	PURP. CONEFLOWER (ROOT)							•							
<i>Epilobium angustifolium</i> L.	FIREWEED		•					•						•	
<i>Eschscholzia californica</i> Cham.	CALIFORNIAN POPPY	✓								•					
<i>Filipendula ulmaria</i> (L.) Maxim	MEADOWSWEET		•	•									•		
<i>Foeniculum vulgare</i> Miller	FENNEL		•	•			•					•		•	
<i>Fucus vesiculosus</i> L.	BLADDERWRACK		•	•						•			•		
<i>Fumaria officinalis</i> L.	EARTH SMOKE		•												
<i>Galega officinalis</i> L.	GOAT'S RUE			•		•				•				•	
<i>Grindelia robusta</i> Nutt.	GRINDELIA							•							
<i>Hieracium pilosella</i> L.	COMMON HAWKWEED			•				•							
<i>Hippophae rhamnoides</i> L.	SEA BUCKTHORN		•		•				•			•			
<i>Lepidium meyenii</i> Walp	MACA							•		•					
<i>Lespedeza capitata</i> Michx.	LESPEDEZA			•				•		•				•	
<i>Malva sylvestris</i> L.	MALLOW		•	•	•		•					•			
<i>Melilotus officinalis</i> Pallas	SWEET CLOVER			•											
<i>Melissa officinalis</i> L.	LEMON BALM		•							•		•			
<i>Mentha x piperita</i> L.	PEPPERMINT	✓	•	•				•							
<i>Ononis spinosa</i> L.	SPINY REST HARROW		•	•	•										
<i>Passiflora incarnata</i> L.	PASSION HERB	✓	•							•		•	•	•	
<i>Paullinia cupana</i> Kunth	GUARANA'							•		•					
<i>Peumus boldus</i> Molina	BOLDO			•											
<i>Phyllanthus niruri</i> L.	STONEBREAKER		•	•						•					
<i>Pimpinella anisum</i> L.	ANISE		•					•						•	
<i>Plantago lanceolata</i> L.	ENGLISH PLANTAIN		•									•			
<i>Plantago major</i> L.	GREATER PLANTAIN		•	•											
<i>Ptychopetalum olacoides</i> Benth.	MUIRA PUAMA							•				•		•	
<i>Ribes nigrum</i> L.	BLACKCURRANT (LEAF)			•								•			
<i>Rosa canina</i> L.	ROSEHIP			•	•				•			•			
<i>Ruscus aculeatus</i> L.	BUTCHER'S BROOM				•										
<i>Salvia officinalis</i> L.	SAGE		•	•	•			•				•		•	
<i>Sisymbrium officinale</i> (L.) Scopoli	BANK CRESS			•				•							
<i>Solidago virgaurea</i> L.	GOLDEN ROD			•				•							
<i>Tabebuia avellaneda</i> Lorentz ex Griseb.	PAU D'ARCO			•				•							
<i>Tanacetum parthenium</i> (L.) Schultz Bip.	FEVERFEW			•								•		•	
<i>Taraxacum officinale</i> G.H. Weber ex Wiggers	DANDELION		•	•								•		•	
<i>Thymus vulgaris</i> L.	COMMON THYME		•					•				•			
<i>Tilia platyphyllos</i> Scopoli	LIME							•							
<i>Trigonella foenum-graecum</i> L.	FENU GREEK		•							•					
<i>Turnera diffusa</i> Wild. ex Schult.	DAMIANA		•	•					•			•		•	
<i>Urtica dioica</i> L.	NETTLE (LEAF)			•								•			
<i>Vaccinium myrtillus</i> L.	BILBERRY			•								•			
<i>Viola tricolor</i> L.	WILD PANSY			•								•			
<i>Vitis vinifera</i> L.	VINE			•								•			

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## EPO Core Products 2017

Digestive System - Liver			
 			
Botanical name	Common name	BIO	
<i>Aesculus hippocastanum</i> L.	HORSE CHESTNUT (BARK)		●
<i>Agrimonia eupatoria</i> L.	AGRIMONY		●
<i>Althaea officinalis</i> L.	MARSHMALLOW		●
<i>Calendula officinalis</i> L.	POT MARIGOLD		●
<i>Carum carvi</i> L.	CARAWAY		●
<i>Cetraria islandica</i> (L.) Ach.	ICELAND MOSS		●
<i>Cinnamomum verum</i> J.Presl.	CINNAMON		●
<i>Cynara scolymus</i> L.	ARTICHOKE		●
<i>Epilobium angustifolium</i> L.	FIREWEED		●
<i>Filipendula ulmaria</i> (L.) Maxim	MEADOWSWEET		●
<i>Foeniculum vulgare</i> Miller	FENNEL		●
<i>Fucus vesiculosus</i> L.	BLADDERWRACK		●
<i>Fumaria officinalis</i> L.	EARTH SMOKE		●
<i>Hippophae rhamnoides</i> L.	SEA BUCKTHORN		●
<i>Malva sylvestris</i> L.	MALLOW		●
<i>Melissa officinalis</i> L.	LEMON BALM	✓	●
<i>Mentha x piperita</i> L.	PEPPERMINT		●
<i>Ononis spinosa</i> L.	SPINY REST HARROW		●
<i>Passiflora incarnata</i> L.	PASSION HERB	✓	●
<i>Peumus boldus</i> Molina	BOLDO		●
<i>Phyllanthus niruri</i> L.	STONEBREAKER		●
<i>Pimpinella anisum</i> L.	ANISE		●
<i>Plantago lanceolata</i> L.	ENGLISH PLANTAIN		●
<i>Plantago major</i> L.	GREATER PLANTAIN		●
<i>Salvia officinalis</i> L.	SAGE		●
<i>Taraxacum officinale</i> G.H. Weber ex Wiggers	DANDELION		●
<i>Thymus vulgaris</i> L.	COMMON THYME		●
<i>Trigonella foenum-graecum</i> L.	FENU GREEK		●
<i>Turnera diffusa</i> Wild. ex Schult.	DAMIANA		●

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## EPO Core Products 2017

Urinary system - Depurative - Diuresis			
 			
Botanical name	Common name	BIO	
<i>Aesculus hippocastanum</i> L.	HORSE CHESTNUT (BARK)		•
<i>Althaea officinalis</i> L.	MARSHMALLOW		•
<i>Arctium lappa</i> L.	BURDOCK		•
<i>Arctostaphylos uva-ursi</i> (L.) Spreng.	BEARBERRY		•
<i>Betula pendula</i> Roth	COMMON WHITE BIRCH		•
<i>Cynara scolymus</i> L.	ARTICHOKE		•
<i>Filipendula ulmaria</i> (L.) Maxim	MEADOWSWEET		•
<i>Foeniculum vulgare</i> Miller	FENNEL		•
<i>Fumaria officinalis</i> L.	EARTH SMOKE		•
<i>Galega officinalis</i> L.	GOAT'S RUE		•
<i>Hieracium pilosella</i> L.	COMMON HAWKWEED		•
<i>Lespedeza capitata</i> Michx.	LESPEDEZA		•
<i>Malva sylvestris</i> L.	MALLOW		•
<i>Melilotus officinalis</i> Pallas	SWEET CLOVER		•
<i>Ononis spinosa</i> L.	SPINY REST HARROW		•
<i>Peumus boldus</i> Molina	BOLDO		•
<i>Phyllanthus niruri</i> L.	STONEBREAKER		•
<i>Plantago major</i> L.	GREATER PLANTAIN		•
<i>Ribes nigrum</i> L.	BLACKCURRANT (LEAF)		•
<i>Rosa canina</i> L.	ROSEHIP		•
<i>Salvia officinalis</i> L.	SAGE		•
<i>Solidago virgaurea</i> L.	GOLDEN ROD		•
<i>Tabebuia avellanedae</i> Lorentz ex Griseb.	PAU D'ARCO		•
<i>Taraxacum officinale</i> G.H. Weber ex Wiggers	DANDELION		•
<i>Turnera diffusa</i> Wild. ex Schult.	DAMIANA		•
<i>Urtica dioica</i> L.	NETTLE (LEAF)		•
<i>Viola tricolor</i> L.	WILD PANSY		•

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## EPO Core Products 2017

Care of Skin - Nail - Hair			
 			
Botanical name	Common name	BIO	
<i>Aesculus hippocastanum</i> L.	HORSE CHESTNUT (BARK)		●
<i>Agrimonia eupatoria</i> L.	AGRIMONY		●
<i>Althaea officinalis</i> L.	MARSHMALLOW		●
<i>Arctium lappa</i> L.	BURDOCK		●
<i>Arnica montana</i> L.	ARNICA		●
<i>Calendula officinalis</i> L.	POT MARIGOLD		●
<i>Centella asiatica</i> (L.) Urban	GOTU KOLA		●
<i>Cetraria islandica</i> (L.) Ach.	ICELAND MOSS		●
<i>Cinnamomum verum</i> J.Presl.	CINNAMON		●
<i>Galega officinalis</i> L.	GOAT'S RUE		●
<i>Hippophae rhamnoides</i> L.	SEA BUCKTHORN		●
<i>Malva sylvestris</i> L.	MALLOW		●
<i>Ononis spinosa</i> L.	SPINY REST HARROW		●
<i>Rosa canina</i> L.	ROSEHIP		●
<i>Ruscus aculeatus</i> L.	BUTCHER'S BROOM		●
<i>Salvia officinalis</i> L.	SAGE		●
<i>Urtica dioica</i> L.	NETTLE (LEAF)		●
<i>Vaccinium myrtillus</i> L.	BILBERRY		●
<i>Viola tricolor</i> L.	WILD PANSY		●
<i>Vitis vinifera</i> L.	VINE		●

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## EPO Core Products 2017

## Cardiovascular System - Microcirculation



Botanical name	Common name	BIO	
<i>Aesculus hippocastanum</i> L.	HORSE CHESTNUT (BARK)		●
<i>Arnica montana</i> L.	ARNICA		●
<i>Centella asiatica</i> (L.) Urban	GOTU KOLA		●
<i>Crataegus curvisepala</i> Lind.	HAWTHORN	✓	●
<i>Cynara scolymus</i> L.	ARTICHOKE		●
<i>Galega officinalis</i> L.	GOAT'S RUE		●
<i>Lespedeza capitata</i> Michx.	LESPEDAZA		●
<i>Melilotus officinalis</i> Pallas	SWEET CLOVER		●
<i>Ruscus aculeatus</i> L.	BUTCHER'S BROOM		●
<i>Tabebuia avellanedae</i> Lorentz ex Griseb.	PAU D'ARCO		●
<i>Vaccinium myrtillus</i> L.	BILBERRY		●
<i>Vitis vinifera</i> L.	VINE		●

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## EPO Core Products 2017

Respiratory System			
 			
Botanical name	Common name	BIO	
<i>Agrimonia eupatoria</i> L.	AGRIMONY		•
<i>Althaea officinalis</i> L.	MARSHMALLOW		•
<i>Calendula officinalis</i> L.	POT MARIGOLD		•
<i>Carum carvi</i> L.	CARAWAY		•
<i>Cetraria islandica</i> (L.) Ach.	ICELAND MOSS		•
<i>Drosera ramentacea</i> Burch. ex DC.	SUNDEW		•
<i>Foeniculum vulgare</i> Miller	FENNEL		•
<i>Grindelia robusta</i> Nutt.	GRINDELIA		•
<i>Hieracium pilosella</i> L.	COMMON HAWKWEED		•
<i>Malva sylvestris</i> L.	MALLOW		•
<i>Mentha x piperita</i> L.	PEPPERMINT		•
<i>Pimpinella anisum</i> L.	ANISE		•
<i>Plantago lanceolata</i> L.	ENGLISH PLANTAIN		•
<i>Plantago major</i> L.	GREATER PLANTAIN		•
<i>Ribes nigrum</i> L.	BLACKCURRANT (LEAF)		•
<i>Salvia officinalis</i> L.	SAGE		•
<i>Sisymbrium officinale</i> (L.) Scopoli	BANK CRESS		•
<i>Solidago virgaurea</i> L.	GOLDEN ROD		•
<i>Tabebuia avellanedae</i> Lorentz ex Griseb.	PAU D'ARCO		•
<i>Thymus vulgaris</i> L.	COMMON THYME		•
<i>Tilia platyphyllos</i> Scopoli	LIME		•
<i>Urtica dioica</i> L.	NETTLE (LEAF)		•
<i>Viola tricolor</i> L.	WILD PANSY		•

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Immune System - Allergies			
			
Botanical name	Common name	BIO	
<i>Cetraria islandica</i> (L.) Ach.	ICELAND MOSS		●
<i>Echinacea purpurea</i> Moench	PURP. CONEFLOWER (ROOT)		●
<i>Tabebuia avellanedae</i> Lorentz ex Griseb.	PAU D'ARCO		●

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## EPO Core Products 2017



Tonic - Energizer - Physical Fatigue			
 			
Botanical name	Common name	BIO	
<i>Cola nitida</i> (Vent.) Schott et Endi.	KOLA		●
<i>Hippophae rhamnoides</i> L.	SEA BUCKTHORN		●
<i>Lepidium meyenii</i> Walp	MACA		●
<i>Paullinia cupana</i> Kunth	GUARANA'		●
<i>Ptychopetalum olacoides</i> Benth.	MUIRA PUAMA		●
<i>Rosa canina</i> L.	ROSEHIP		●
<i>Salvia officinalis</i> L.	SAGE		●
<i>Turnera diffusa</i> Wild. ex Schult.	DAMIANA		●

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## EPO Core Products 2017

Body Weight Regulation - Metabolism Enhancer			
 			
Botanical name	Common name	BIO	
<i>Cola nitida</i> (Vent.) Schott et Endi.	KOLA		●
<i>Cynara scolymus</i> L.	ARTICHOKE		●
<i>Fucus vesiculosus</i> L.	BLADDERWRACK		●
<i>Galega officinalis</i> L.	GOAT'S RUE		●
<i>Lepidium meyenii</i> Walp	MACA		●
<i>Lespedeza capitata</i> Michx.	LESPEDEZA		●
<i>Paullinia cupana</i> Kunth	GUARANA'		●
<i>Phyllanthus niruri</i> L.	STONEBREAKER		●
<i>Trigonella foenum-graecum</i> L.	FENU GREEK		●

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## EPO Core Products 2017

Nervous System (Mental stress - Sleep - Mood)			
 			
Nome Italiano	Nome Botanico	BIO	
<i>Crataegus curvisepala</i> Lind.	HAWTHORN	✓	●
<i>Eschscholzia californica</i> Cham.	CALIFORNIAN POPPY	✓	●
<i>Melissa officinalis</i> L.	LEMON BALM	✓	●
<i>Passiflora incarnata</i> L.	PASSION HERB	✓	●
<i>Tilia platyphyllos</i> Scopoli	LIME		●

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## EPO Core Products 2017

Intestinal Transit			
			
Botanical name	Common name	BIO	
<i>Aesculus hippocastanum</i> L.	HORSE CHESTNUT (BARK)		●
<i>Agrimonia eupatoria</i> L.	AGRIMONY		●
<i>Althaea officinalis</i> L.	MARSHMALLOW		●
<i>Cinnamomum verum</i> J.Presl.	CINNAMON		●
<i>Epilobium angustifolium</i> L.	FIREWEED		●
<i>Foeniculum vulgare</i> Miller	FENNEL		●
<i>Hippophae rhamnoides</i> L.	SEA BUCKTHORN		●
<i>Malva sylvestris</i> L.	MALLOW		●
<i>Peumus boldus</i> Molina	BOLDO		●
<i>Rosa canina</i> L.	ROSEHIP		●
<i>Taraxacum officinale</i> G.H. Weber ex Wiggers	DANDELION		●
<i>Turnera diffusa</i> Wild. ex Schult.	DAMIANA		●
<i>Vaccinium myrtillus</i> L.	BILBERRY		●

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## EPO Core Products 2017

Antioxidant - Anti-ageing - Memory Enhancer			
			
Botanical name	Common name	BIO	
<i>Centella asiatica</i> (L.) Urban	GOTU KOLA		•
<i>Cinnamomum verum</i> J.Presl.	CINNAMON		•
<i>Crataegus curvisepala</i> Lind.	HAWTHORN	✓	•
<i>Cynara scolymus</i> L.	ARTICHOKE		•
<i>Melissa officinalis</i> L.	LEMON BALM	✓	•
<i>Passiflora incarnata</i> L.	PASSION HERB	✓	•
<i>Plantago lanceolata</i> L.	ENGLISH PLANTAIN		•
<i>Ptychopetalum olacoides</i> Benth.	MUIRA PUAMA		•
<i>Rosa canina</i> L.	ROSEHIP		•
<i>Salvia officinalis</i> L.	SAGE		•
<i>Thymus vulgaris</i> L.	COMMON THYME		•
<i>Vaccinium myrtillus</i> L.	BILBERRY		•
<i>Vitis vinifera</i> L.	VINE		•

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## EPO Core Products 2017

Musculoskeletal Apparatus			
 			
Botanical name	Common name	BIO	
<i>Arctium lappa</i> L.	BURDOCK		•
<i>Filipendula ulmaria</i> (L.) Maxim	MEADOWSWEET		•
<i>Fucus vesiculosus</i> L.	BLADDERWRACK		•
<i>Passiflora incarnata</i> L.	PASSION HERB	✓	•
<i>Ribes nigrum</i> L.	BLACKCURRANT (LEAF)		•
<i>Tanacetum parthenium</i> (L.) Schultz Bip.	FEVERFEW		•
<i>Urtica dioica</i> L.	NETTLE (LEAF)		•
<i>Viola tricolor</i> L.	WILD PANSY		•

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## EPO Core Products 2017

Female Wellness (Menstrual Periods - Menopause)			
 			
Botanical name	Common name	BIO	
<i>Calendula officinalis</i> L.	POT MARIGOLD		●
<i>Foeniculum vulgare</i> Miller	FENNEL		●
<i>Galega officinalis</i> L.	GOAT'S RUE		●
<i>Passiflora incarnata</i> L.	PASSION HERB	✓	●
<i>Pimpinella anisum</i> L.	ANISE		●
<i>Ptychopetalum olacoides</i> Benth.	MUIRA PUAMA		●
<i>Salvia officinalis</i> L.	SAGE		●
<i>Tanacetum parthenium</i> (L.) Schultz Bip.	FEVERFEW		●
<i>Turnera diffusa</i> Wild. ex Schult.	DAMIANA		●

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## EPO Core Products 2017

Male Wellness - Prostate			
			
Botanical name	Common name	BIO	
<i>Epilobium angustifolium</i> L.	FIREWEED		•
<i>Lepidium meyenii</i> Walp	MACA		•
<i>Ptychopetalum olacoides</i> Benth.	MUIRA PUAMA		•
<i>Turnera diffusa</i> Wild. ex Schult.	DAMIANA		•

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